

# Creative Activity – ‘Painting with Coffee’

## WHAT IS IT?

This simple painting activity is perfect for beginners because you do not need any paints! To top it off, your art will smell of coffee and the process of coffee and water mixing is so mindful to watch.

## WHAT DO I NEED TO GET STARTED?

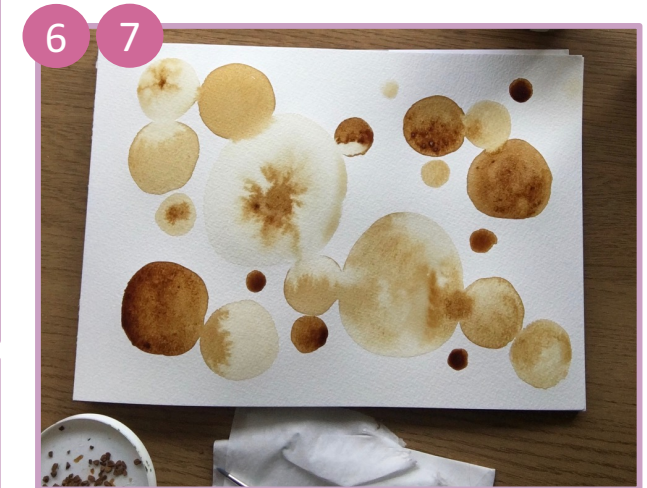
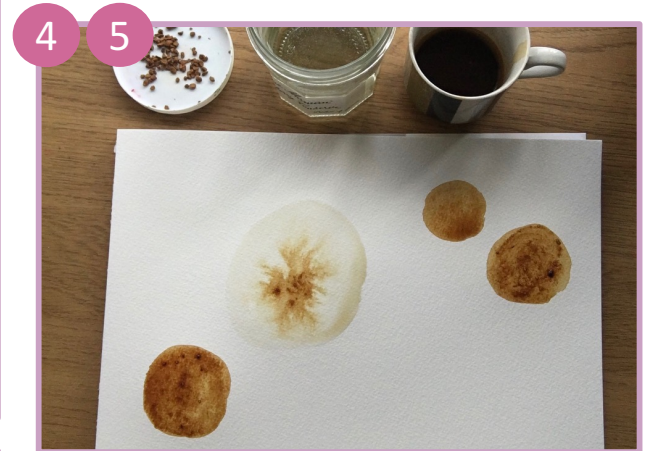
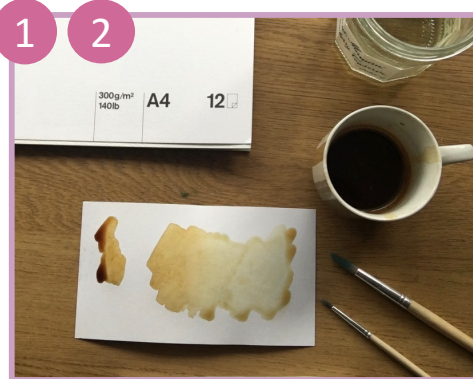
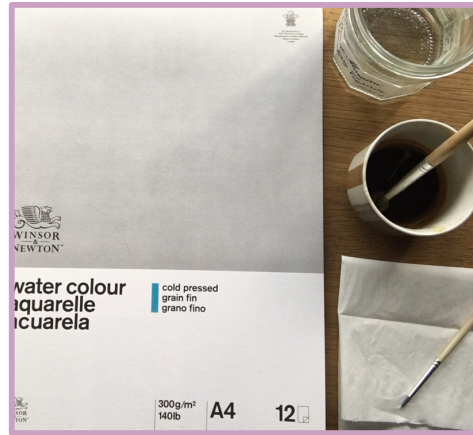
- Instant coffee + boiling water. Make this strong so it is more of a paste than a water solution.
- Cold water to clean your brush and dilute the coffee
- Paintbrush
- Paper – preferably water colour paper, but other paper is fine

## TEST SAMPLE STEPS – HAVE A PLAY

1. Dip your brush into the coffee + boiling water paste. This mix should be fairly dark. Paint on your paper.
2. Clean your brush and add some cold water to your brush. Mix this wet brush on the paper with the coffee paste for a paler colour. Repeat this until you dilute the coffee on the paper so much it is very pale.
3. Next, try taking the instant coffee granules directly from the pot and add to your paper. Can you make really dark browns?

**CREATE A ‘PAINTING’ - Once you are happy mixing very dark, mid and pale coffee colours, you can create a painting. I created something quite abstract – copy mine or create your own!**

4. Begin with painting a circle in cold water. Place some instant coffee granules in the centre of the circle and watch the magic! You may need to encourage the granules to dissolve by gently poking with your brush.
5. Paint some circles in your coffee+boiling water paste for the mid tones.
6. Dilute some of the circles with cold water for pale coffee colours.
7. Add different size and darkness circles until you are happy!



## SHARE YOUR PROCESS...

This activity is all about painting without paint, smelling the coffee and watching the magic when the water and coffee mix on your page.

Share your process with [@fortheartclasses](https://www.instagram.com/fortheartclasses). I can't wait to see!

